

## IMPROVING YOUR OFFICE VISIT

**Our goal is to provide the best care and treatment and to make the most of your office visit today. Optimal results can only occur when you, the patient, become a partner in your healthcare by asking questions, ensuring your understanding of your care and treatment, and agreeing with treatment plans offered by Dr. Galperin.**

### **Before you are seen:**

**Think about what you want to tell Dr. Galperin**

**If this is a follow-up visit for the same medical condition, are you better? Worse? What works best? What doesn't work?**

**What are your symptoms?**

**What makes your symptoms better or worse?**

**What questions do you have?**

**What medications are you on? Do you need a refill?**

### **During your visit:**

**Tell Dr. Galperin what you want to tell him.**

- **What have you learned about your condition from other sources?**
- **What do you think the problem is?**
- **What concerns you most?**

**Answer the doctor's questions.**

**What questions do you have? (There are no "stupid" questions, please ask.)**

- **Have the doctor explain things you don't understand.**
- **Do I need to tell my other doctors about this visit and care?**
- **Are there other options for treatment? What's good and bad about each option?**
- **How long will it take to get better or heal?**

**Have you had any tests or x-rays? What are the results?**

**What medications do I need?**

**Tell the doctor if you have an important health condition you haven't discussed or been asked about.**

**Tell the doctor if you can't follow the treatment plan.**

**If you are considering surgery, ask the doctor to explain the procedure, the costs, and alternatives to surgery.**

