

TOE-DAY'S NEWS

BY RICHARD C GALPERIN DPM

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Patient Success Story of the Month

Wound Care

Richard C Galperin DPM

A Division of Podiatric Medical Partners of Texas (PMPT)

A very pleasant 58-year-old female patient presented to our office with a chief complaint of an open sore on the bottom of her left second toe. The condition started approximately two weeks earlier and she was unaware as to why it developed. She presented wearing a Band-Aid, had recently seen her general practitioner, and was prescribed an antibiotic. As the condition did not improve, and in fact had gotten worse, she decided to seek our opinion.

Initial evaluation revealed a deep sore down to the bone with swelling and redness of the toe. She denied any pain and did not have a fever. The patient was also diabetic. She was very concerned that she may lose her toe. Our clinical evaluation was suspicious for a deep infection. An MRI was performed which revealed osteomyelitis. Although the patient was a candidate for amputation, she was adamant not to lose her toe. I wanted to meet her expectations but made sure that she was aware that this would require a team effort. Home care, constant monitoring, and IV antibiotics would be required in order to have a chance for success. We are fortunate that she had good family support which is so important under the circumstances.

She was an ideal patient. She presented on time to all her visits. She started IV antibiotics which had a typical course of eight weeks. She changed her footwear to wear the accommodative surgical shoe, and always had a proper dressing applied.

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The Galperin's

Meet the Galperin's

Tonya Hughes, Practice Manger

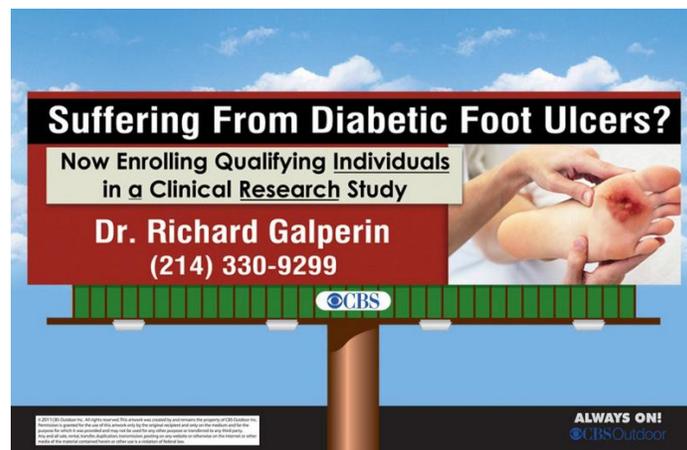
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Dr. Galperin recently went back home to Toronto to visit his parents. In case you didn't know, Dr. Galperin is from Canada. His parents still live there & he goes back to visit often. He is very close to his parents. In fact, he credits his Dad for inspiring him to become a Podiatrist. Dr. G was a Chiropractor (that's what they call them in Canada) and his father wanted him to further his career and become a surgeon. So he encouraged him to continue his schooling in America and become a Podiatrist. I think the story goes...Dr G didn't know where to begin, but, his father told him to make a call to a Podiatry school in New York. He said "Just put your finger in the dial...see where it takes you." *(For those of you that don't get that...it was the dial on a rotary phone. #retro #oldschool) But, that one phone call was the start of a very successful career. On his recent visit, they were celebrating his Mom's birthday. They went to Casa Loma, a castle in the middle of Toronto – a tourist attraction that they had driven past for years & years, but never visited. Looking it up online, I found out that it has a museum & gift shop. It has some history, and a very nice restaurant. It's been renovated, and the owner has contemporary art work, that doesn't quite fit in with a castle, or mansion – but it worked. And, Dr. G & his parents enjoyed themselves.

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Have you driven along the highway and noticed a big billboard stating “ Do you have a diabetic ulcer?, If so call this number...”. Who are these people, and why are people advertising to help me?

As it turns out, there is a large number of people mostly diabetics who continue to exhibit open sores and wounds of the lower extremities and either not realize it, or feel it is not important to treat. We’ve noticed in our office and this is substantiated throughout the country, that there is an increase in amputations of diabetics.

Everyone will develop some type of sore on their skin during some time in their life. Understanding the need for immediate evaluation, care and dressings will minimize the risk of infection or complications. Most wounds tend to heal up within a couple weeks. These are called acute wounds.

There is another classification called chronic wounds. These are the type that for a multitude of reasons to not heal in the expected time. Some may be persistent and will not show any reduction in size or depth, while others are continuously aggravated either due to pressure, irritation, infection or other underlying predisposing factors. The longer a wound is left unattended, the higher chance of complication. Our skin acts as a protective barrier against germs, small debris and pressure. Once the skin is broken, that protection is lost.

That is role of a good dressing. In combination with a good antibiotic to kill superficial germs, gauze (never Band-Aids), and medical tape, further protected by a good clean sock would best temporarily substitute for the broken skin and allow the sore an opportunity to heal. Being a diabetic, makes you a high risk to complications therefore seeking medical evaluation and recommendations is of the utmost importance to assure that the wound will be given the best opportunity to heal.

Back to the billboards. When going through the normal avenues such as seeing your PCP, PA’s or other medical people doesn’t show the improvement you’re seeking, a specialist may be extremely helpful.

There are many modes of treatment that only specialists utilize to help make a difference.

Our office has been a study center for non-healing slow healing sores, or ulcers of the feet and ankles. There are many medical and pharmaceutical companies looking for the next generation a wound care products. Our office acts as a test center, to compare their product versus what is already available or traditionally performed. It is quite exciting being on the cutting edge of technology and being able to offer people healing treatments not available in other offices. Sometimes, our office is the only site in state of Texas.

As a result of our hard work, and great achievements in healing, we’ve been published in a number of medical journals available around the world.

In addition, the quality of care is usually superior than a regular office visit as these companies are providing the most optimum treatments to encourage patients to follow through to a successful end.

Our mission is to close all wounds. We need your help to let anyone know that no wound is a small and a successful treatment begins with seeing someone who can help.

Special of the Month: \$5 off Amerigel Lotion



Use Code: AMERI

Offer Expires

11/30/2017

Amerigel Care Lotion Moisturizer rehydrates and soothes dry, irritated skin. It is formulated with Oakin, which is a natural, fast absorbing moisturizer for all skin types; but, is especially good for diabetics because it prevents and protects dry skin, relieves red/itchy skin and diminishes the appearance of bruising, hemosiderin staining, and venous stasis dermatitis. It softens and exfoliates corns and calluses. And, it promotes healthy skin to reduce skin breakdown.

We feel every diabetic should be using Amerigel Care Lotion

Meet the Galperin's

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Renata Pl

I couldn't stop laughing when he showed me the picture though – with a very large portrait of Prince on the wall (in a restaurant...of an old castle – I know he has some ties to the city, but it was just so large, it struck me as funny.) But that bunny rabbit though! There was a kid dressed in a bunny rabbit costume (random!) and he was in the background of EVERY photo they took! Lol

To give you another idea of how cool Dr Galperin's parents are: His father used to be a developer of neighborhoods. He once petitioned the city to have a street named after his beautiful bride. So, in Toronto, there is street called Renata Pl. After all of these years, they hadn't seen it. So, recently they found the street, drove out, and she got her picture taken beneath the street sign that bears her name. How cool is that? 😊



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Patient Success Story of the Month

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We carefully documented her progress during each visit. With great persistence and patience, by the third month, she had successfully completed all of her IV antibiotics. The wound on her toe had completely closed. In fact, in a way of celebration, she went to visit our medical nail salon, next door to our office, and proceeded to have her first manicure and pedicure. Needless to say the family was ecstatic and very pleased that the efforts all around paid off with extreme joy and relief.

#TrueStory

Did you know that some insurance companies pay for wound care supplies. Knowing how important it is to keep wounds covered with a proper dressing, if you are in need of a steady supply of dressing medication & materials, let us know. Even if insurance does not cover the total cost, there are sometimes other solutions. And, we offer a comprehensive wound care kit here in our office for \$25.

Office Hours:

Monday:	9:00am – 12:00pm	-	1:00pm – 6:00pm
Tuesday	8:00am – 12:00pm	-	12:30pm – 4:30pm
Wednesday	8:00am – 12:00pm	-	12:30pm – 4:30pm
Thursday	9:00am – 12:00pm	-	1:00pm – 6:00pm
Friday	8:00am – 12:00pm	-	1:00pm – 4:30pm
Saturday	Closed		
Sunday	Closed		



Richard C Galperin DPM
 801 N Zang Blvd Ste 103
 Dallas, TX 75208
 Phone (214) 330-9299
 www.drgalperin.com

You're Invited!
A Nail MD Event:
"Beauty Bar"
Thursday November 9th
5-7pm
RSVP (214) 957-5070
Limited to first 20 that respond
Wine & Cheese will be served
Talks given by Dr. Maryam Raza
about Aesthetics – Botox & Fillers
and
by Zara Tariq, RN about
IV Hydration and Vitamin Infusion



A Word from One of our Patients:

"Dr. Galperin has been a TRUE BLESSING. Without his outstanding wound care of my right foot, I might not have my foot at this point, if not for his superior care. I thank God for Dr. Galperin."